

Manual Handling

Course Overview

This course covers risk management for those who undertake manual handling tasks as part of their work. Training should be provided to workers using their body for lifting, lowering, filling, emptying or carrying loads such as boxes and parcels etc. This training is also suitable for managers, supervisors and staff responsible for work organisation, job and task design. This course will provide the knowledge to conduct manual handling tasks in a way which will minimise risk of injury.



Prerequisites

There are no prerequisites for this course.

Learning outcome

On completion of the course, participants will have gained the following skills and knowledge to:

- Legislation: WHS and Codes of Practice
- Human body and manual handling
- Risk Management: Job task design, mechanical aids
- Safe Work Practices

Duration

Total duration is 3-4 hours. Training and assessment is conducted on the same day.

Course Outline

- Presentation, discussion and activities
- Assessment

Outcome

Upon successful completion of the course, a Statement of Completion and a convenient wallet sized card is issued by Workplace Training Centre.

Location

Training can be conducted at Workplace Training Centre's facilities located in Arndell Park NSW or if required, can also be conducted on your site providing the following requirements are met:

- Training room with tables, chairs and screen (or blank wall for a projector)

Course Sizes

- Maximum 20 participants

Fees and Charges

Please contact us for group training rates.

To enrol or for more information contact us on:

Phone: 1300 668 141

Email: training@wtc.edu.au

Web: www.workplacetrainingcentre.edu.au